

4. Jesus Breaks the Bread (Mark 14:12-26)

“If I, your Lord and teacher, have washed your feet, you too must wash each other’s feet.” (John 13:14)



PLAN

Session Outline

1. Gather

Greeting
Jesus Breaks the Bread
Set the Table
Transition to Explore

2. Explore

Sacred Conversation
Hear and See the Bible Story
Interact with the Bible Story
Say the Bible Verse
Transition to Respond

3. Respond

The Famous Meal
Smashing Grapes
Loving God,
Loving Neighbor
Transition to Bless

4. Bless

Inviting
Praising
Blessing
At Home with God

Supplies

Basic Supplies: CD player | DVD player | Projector or screen | Television | Craft glue | Crayons | Markers | Offering basket | Paper | Paper dining products | Pencils | Scissors | Tape

Gather: Bell | Carpet squares | Poster paper

Explore: Bell

Respond: Bell | Bowl (large) | Candle | Carpet squares | Crackers (oyster) | Grape juice (bottled) | Grapes | Multipurpose lighter | Pitcher | Potato masher | Strainer | The Last Supper art

Bless: No additional supplies

Before You Teach

Consider the wedding feast at Cana where Jesus turned water into wine, the feeding of the five thousand, and stories of Jesus eating with tax collectors and sinners. Eating together fostered fellowship between Jesus and his disciples, the crowds, and the outcasts. Perhaps the most well-known meal Jesus and his disciples shared is the one known as the Last Supper or the Lord’s Supper. Jesus sent his disciples into Jerusalem to prepare for the Passover meal. The guestroom they used is described in Luke’s Gospel as a large upstairs room. It was probably accessible by an outside staircase. Such rooms were not uncommon and were rented to visitors to Jerusalem.

During the meal, the conversation took a serious turn as Jesus spoke of the disciple who would betray him. Jesus was trying to prepare his disciples for his death. We have the advantage of knowing what would happen next. The disciples, however, did not seem to understand. As Jesus offered the bread to his disciples, he asked them to remember him as they ate it. When Jesus offered the cup, he referred to it as the new covenant. God made a covenant with Moses and the Israelites when God gave them the Ten Commandments. Jesus said that through him God was making a new covenant.

We don’t have to wait for communion to remember Jesus. Each time you share a meal with someone, remember all of the meals Jesus shared with his disciples and other followers.

Fellowshipping with one another is one way we follow Jesus’ teaching to love one another. It is difficult to dislike someone when you share a meal together.

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GATHER

Greeting

Before class: Display your choice of an attendance chart (Class Kit—pp. 16-17 or pp. 18 & 15).

- Play “A Whole New Level of Love” (Annual Music CD).
 - Welcome and greet each child as they enter the room.
 - Indicate location of the offering basket.
 - Help children mark their attendance inside the building on the Community Attendance Chart (opt.).
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A—Jesus Breaks the Bread (Activity Sheet)

Before class: Obtain Activity Sheets (Session 4).

- Distribute “My Food”/”Meal Match” (pp. 9-10).
 - Encourage the children to follow the journaling prompt and complete the activities.
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OR

B—Set the Table (Art)

Before class: Cover a table with poster paper and tape to secure.

- Direct the children to sit at the table and draw a place setting on the paper in front of them. The setting might include a plate, cup, silverware, and so forth.
- Let the children color and decorate the place setting.

SAY: Today we will remember a special meal Jesus shared with his friends.

Transition to Explore

Before class: Obtain bell and carpet squares.

- Ring the bell to acknowledge that it is time to transition.
- Direct the children to choose carpet squares (or equivalent items), then sit in a circle on the floor.

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EXPLORE

Sacred Conversation

- Ask a few wondering questions.

ASK: I wonder:

- What made you laugh this week?
 - How did you help someone this week?
 - What are you grateful for?
 - Was there a difficult part of your week, and what made it better?
 - Where did you see God this week?
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Hear and See the Bible Story

Before class: Prepare television and DVD player.

- Read the Bible story (*CEB Deep Blue Kids Bible—Mark 14:12-26*).
- Watch the Deep Blue Adventure DVD Session 4.

ASK: When have you had a special meal with your friends?

Interact with the Bible Story

Before class: Obtain Bible Story Sheets (Session 4).

- Distribute the Bible Story Sheets and draw attention to Bible Story Retelling (p. 1).
 - Assign the six roles, then present “Jesus Breaks the Bread.”
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Say the Bible Verse

Before class: Display Poster: Unit 1 Bible Verse (Class Kit—pp. 10 & 23). Review Unit 1 sign language (Leader Guide—p. 94).

- Recite the Bible verse: “If I, your Lord and teacher, have washed your feet, you too must wash each other’s feet” (John 13:14).
 - Invite the children to say and sign the Bible verse with you.
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Transition to Respond

Before class: Obtain bell.

- Ring the bell, then invite the children to put away their carpet squares.

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RESPOND

A—The Famous Meal (Art)

Before class: Display various images of the Last Supper. Photocopy “The Famous Meal” (Leader Guide—p. 30), one for each child.

- Distribute photocopies of “The Famous Meal.” Allow children to color it, if desired.

SAY: The Last Supper, the meal Jesus shared with his friends, has been painted, sculpted, and recreated by many artists. Take a look at some of the examples.

ASK: What do you notice is the same? different?

- Direct the children to draw their own depiction of the Last Supper, using paper and art supplies.

ASK: What foods would they eat? What would they wear? Who would sit where?

OR

B—Smashing Grapes (Snack)

Before class: Obtain large bowl, strainer, potato masher, pitcher, grapes, bottled grape juice.

- Place the grapes in the strainer inside the bowl. Note how many grapes were used.
- Invite the children to take turns using the potato masher to mash the grapes to create grape juice.
- Pour juice into a pitcher, and point out how many grapes it takes to make a small amount of juice. Add bottled grape juice to the pitcher and set it aside to use during Loving God, Loving Neighbor.

TIP: Be aware of food allergies.

Loving God, Loving Neighbor

Before class: Obtain Map 7: Deep Blue Shores (Class Kit—p. 8) and the cut out Figures/Pieces: Deep Blue Shores Map 7 (Class Kit—p. 25). Display Poster: Meet Our Neighbors (Class Kit—p. 3). Obtain the juice made previously. Obtain oyster crackers (or other small crackers) and paper dining products.

- Display the Deep Blue Shores Map 7 on the floor. Let children interact with the map and figures.
- Provide each child a cup of juice and some crackers. Let the children enjoy a snack together.

SAY: This juice reminds us of Jesus and the meal he shared with his friends.

Transition to Bless

Before class: Obtain bell, candle, multipurpose lighter (or battery-operated candle), carpet squares.

- Ring the bell to signal transition.
- Direct the children to choose carpet squares, then sit in a circle on the floor.
- Light a candle to symbolize that this is a special time together (*optional*).

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BLESS

Inviting

Before class: Display Poster: Lent (Class Kit—p. 31). Continue to display Poster: Unit 1 Bible Verse (Class Kit—pp. 10 & 23) where it is easily accessible for children. Obtain envelope containing the cut out Poster Pieces: Unit 1 Bible Verse (Class Kit—p. 27).

- Gather the children around the Bible-verse poster.
- Display the poster pieces.
- Invite a child to attach to the poster the “each other’s feet” poster piece.

PRAY: Dear God, may we always remember Jesus and the special meal he shared with his friends. Amen.

Praising

Before class: Obtain CD player and Deep Blue Song Sheets.

- Distribute the song sheets for “A Whole New Level of Love” (Annual Music CD).
 - Sing the song “A Whole New Level of Love” (Annual Music CD).
 - Collect the song sheets and store until the next session.
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Blessing

SAY: Many churches “Pass the Peace” during worship. Let’s “Pass the Peace” to one another.

- Invite the children to stand, shake hands with one another, and say, “Peace be with you.”
- Do this until everyone has received a peace blessing.

TIP: *Some children may prefer not to shake hands. They simply can pass the blessing with their words.*

At Home with God

Before class: Obtain Bible Story Sheets leaflets.

ASK: What is one thing that you learned today? Can you share with your family what you learned?

- Send home with each child Bible Story Sheets—Session 4 leaflet.

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The Famous Meal

